

Parsippany Hills High School Menu

February
2012



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|-----------------|---|---|--|--|--|--|---|
| Monday 20 | President's Day School Closed | | | | | | |
| Tuesday 21 | School Closed | | | | | | |
| Wednesday 22 | Chicken Patty on a Bun | Chicken Griller with Ham and Provolone Cheese on a Kaiser Roll | Ham & Smoked Turkey w/ Honey Mustard, Lettuce, & Tomato on a Whole Wheat Wrap | Grilled Chicken Strips Served over Hearts of Romaine Lettuce w/ Cherry Tomatoes & a Roll | Baked Ziti w/ Cheesy Garlic Bread | Double Cheese Pizza on Whole Grain Crust | 3-Cheese Quesadilla |
| Thursday 23 | Chili & Cheese w/ Dinner Roll National Chili Day | Chicken Parm Hero | The Gobbler (Turkey Breast & Provolone Cheese Topped w/ Lettuce & Tomato) on a Whole Grain Roll | Stuffed Tomato with Tuna Salad Served over a Bed of Salad Greens w/ a Whole Grain Roll | Pasta Alfredo w/ Chicken & Dinner Roll | Pepperoni Pizza on Whole Grain Crust | Veggie Burger w/ Cheese on a Whole Wheat Bun |
| Friday 24 | Chicken Nuggets w/ a Dinner Roll | Sweet and Sour Chicken Bowl w/ Fried Rice & a Dinner Roll | Chicken Salad with Cheddar Cheese Served on an 8-Grain Bread | Greek Salad w/ Feta Cheese Wrap | Pasta w/ Grilled Chicken in a Garlic Sauce w/ a Dinner Roll | Vegetable Pizza on Whole Grain Crust | Vegetable Lo Mein, Cheese Packet and a Breadstick |
| | DAILY | Burgers Chicken Patty Gardenburger Grilled Chicken Breast | Turkey Breast Roast Beef Turkey-Ham Tuna Salad American Cheese Grilled Vegetables | Tossed Salad Deli Salads Garden Salad Caesar Salad Yogurt Parfaits | Assorted Pastas and Sauces served W/ Whole Grain Bread Selections & Asst. Salads | Assorted Pizzas Or Whole Grain Pizza | |

The Daily Spin, Solar Grill, Pizza Zone, and Pasta Whirl Lunch Selections include 2 from your choice of tossed salad, and fresh fruit, fresh vegetable from the farm stand **plus** milk & Bread Selection

The Cutting Edge Deli Selections include 2 from your choice of lettuce & tomato, soup, & assorted fruits and veggies on the farm stand **plus** milk choice

The Garden Burst Salad & Veggie Spin Selections include bread selections and cheese stick **plus** milk choice

Also available daily: Assorted cold beverages, homemade soups, fresh fruit basket, bread basket & assorted yogurt parfaits