

Dear Parents/ Guardians,

All Brooklawn Middle School Athletes will undergo baseline neurological testing as part of their physical assessment prior to sports participation. Concussions and other head injuries can be very serious and it is essential that we do our best to provide each student-athlete with the best possible care.

The ImpACT testing software will be used to determine each athlete's neurological baseline. Baselines are established every two years – as 6<sup>th</sup> graders or upon beginning sports participation here at Brooklawn Middle School. The ImpACT testing will take place in the Brooklawn computer labs. Those athletes that have a valid baseline will only have to take the test once.

Current research has shown adolescents who sustain a head injury take longer to heal and often have neurological impairments even after symptoms have resolved. The Parsippany Troy-Hills School District has developed the following Concussion Guidelines for all athletes beginning their Sports Season. Any athlete suspected of having a concussion must be evaluated by a physician trained in the treatment and management of concussive injuries. The athlete must be asymptomatic for a minimum of 7 days and take the ImpACT post-injury test. The post -injury test results must meet or exceed the baseline results and a physician note must be provided releasing a concussed athlete. A note received sooner than 12 days will not be accepted.

Athletes may be present at practice sessions but will not be allowed to participate until a current baseline is established and their yellow athletic emergency card has been released by the Nurse's Office.

If you have any questions or concerns, please contact Evan Totka, the Athletic Coordinator at Brooklawn Middle School at (973) 428-7551 ext. 2448 ([etotka@pthsd.k12.nj.us](mailto:etotka@pthsd.k12.nj.us)) or Ann Butyn RN at (973)428-7551 ext.2102([abutyn@pthsd.k12.nj.us](mailto:abutyn@pthsd.k12.nj.us)).

Thank you!