



SPRING SPORTS NOTICE

Please be aware that any student who wishes to participate in a sport at Central Middle School must have a physical within 365 days prior to the first tryout session. Spring sports include **baseball** and **softball**, which are scheduled to begin on 3/13/12. Therefore, a physical completed anytime after 3/13/11 would be acceptable. According to New Jersey state law the physical must be recorded on a specific state form and kept on record at Central Middle School's health office. Please return completed forms to the school by **Monday, March 5, 2012** to avoid any problems in your child being able to participate.

STUDENTS NOT PARTICIPATING IN SPORTS

Throughout the year individual students may see their own private physician for physicals. It would be **most beneficial** to have the records of both the physical and any immunizations received kept on file in the health office even if the student does not intend to participate in a sport.

To download physical form:

http://www.pthsd.k12.nj.us/Athletics/NJDOE_athletic_physical_form.pdf