

# PREPARING FOR KINDERGARTEN



- Always be upbeat in your conversations about school. Your child must never think you are nervous or sad about the fact that he/she is entering kindergarten.
- Help your child learn to use words when he/she is angry.
- Teach your child to be responsible for picking up his/her toys at the end of play.
- Play with your child and explain that he/she will be sharing toys in school.
- Teach your child independent bathroom habits – he/she won't have you there to turn to.
- Play card and/or board games that involve taking turns and make sure your child loses sometimes.
- Arrange as many opportunities as possible for your child to play with other children.
- Observe your child as he/she plays with others and interrupt to model and practice appropriate interaction when conflict occurs.
- Walk away cheerfully on the first day as you leave your child to experience his/her new and exciting world.

