

Real Support for Retirees

Here's How We Can Help

Address healthcare concerns

- Find in-network doctors, dentists, hospitals and other providers
- Arrange appointments, including second opinions with hard-to-reach specialists
- Help explain your doctor's instructions

Guidance with insurance coverage

- Help with insurance choices before you're eligible for Medicare
- Explain Medicare coverage and costs
- Explain how Medicare coordinates with your employer-provided insurance
- Compare various Medicare plan options

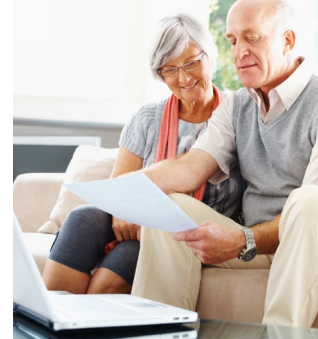
Locate care facilities and support

- Research local adult day care, assisted living, and long-term care facilities
- Locate in-home care and nursing support resources
- Help facilitate transportation to your medical appointments

Handle insurance-related issues

- Review your employer-provided retiree health benefits
- Help resolve billing and claims issues
- Provide the estimated out-of-pocket costs of common medical procedures in your area

Remember... your Personal Health Advocate can answer your questions about healthcare after retirement as well as assist you with a variety of healthcare and insurance-related issues. Eligible retirees, their spouses, dependent children, parents and parents-in-law are all covered. Just call or email answers@HealthAdvocate.com.



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